

ORTHOPAEDIC & SPORTS MEDICINE OF ERIE, PC

100 Peach Street, Suite 400

Erie, PA 16507

HEALTH HISTORY FORM

Name _____ Age _____ Height _____ Weight _____

Primary Care Doctor _____ Pharmacy / Location _____

Reason for today's visit _____

If injury, how did this occur? _____

Date of injury / Onset? _____ Where? Home Work Other _____

Are you working now? Y N Date last worked? _____ Occupation _____

If not working, who released you from work? _____

Describe duties _____

ALLERGIES: None **Other**
 Penicillin Aspirin Latex Codeine Demerol _____
 Anesthesia Morphine Iodine Sulfa Erythromycin _____
 Tape / Adhesive _____

CURRENT MEDICATIONS (list dosage and #times taken per day): _____

Are you taking blood thinners? Coumadin Pradaxa Xarelto Plavix Lovenox

YOUR MEDICAL HISTORY: Do you have diabetes, heart disease, high blood pressure, kidney disease? If so, please be sure to check below, along with any other medical history.

- | | | | |
|--|---|--|--|
| <input type="checkbox"/> Aids | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Peripheral Vascular Disease |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Epilepsy / Seizures | <input type="checkbox"/> Infections | <input type="checkbox"/> Prostate Disease |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Kidney Disease (Describe) | <input type="checkbox"/> Rheumatic Fever |
| <input type="checkbox"/> Back Problems | <input type="checkbox"/> Gout | <input type="checkbox"/> Measles / Mumps / Rubella | <input type="checkbox"/> Shingles |
| <input type="checkbox"/> Bleeding Disorder | <input type="checkbox"/> Heart Disease (Describe) | <input type="checkbox"/> Meningitis | <input type="checkbox"/> Sleep Apnea / CPAP? <input type="checkbox"/> Y <input type="checkbox"/> N |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Heart Murmur | <input type="checkbox"/> Mental Illness (Describe) | <input type="checkbox"/> STD / Venereal Disease |
| <input type="checkbox"/> Bone Disease | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Migraine Headaches | <input type="checkbox"/> Thyroid / <input type="checkbox"/> Hypo <input type="checkbox"/> Hyper |
| <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Hiatal Hernia / Reflux | <input type="checkbox"/> Neurologic Disease (Describe) | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Osteoporosis / Osteopenia | <input type="checkbox"/> Ulcers |

Other: _____

SURGERIES (Include dates / Location): _____

FAMILY HISTORY:

- | | | | |
|--|---|--|--|
| <input type="checkbox"/> Bleeding Disorder | <input type="checkbox"/> Epilepsy / Seizures | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Disease (Describe) | <input type="checkbox"/> Mental Illness (Describe) | <input type="checkbox"/> Thyroid Disease |

Other: _____

SOCIAL HISTORY

| | | | | | |
|---------------|--------------|-----------------|---------|------------------------------------|------------|
| Smoke: | Packs daily: | Alcohol: | Type: | Illicit Drug Use: Marijuana | Type: |
| | How long: | | Amount: | /Cocaine / Other Drug Use | Frequency: |

Name _____ Age _____

PROVIDER NOTES

REVIEW OF SYSTEMS: Place a check mark in the appropriate blocks in the following list of symptoms:

HEAD AND NECK

| Yes | | No | | Yes | | No | | Yes | | No | |
|-----------------------|--|----|--|----------------------|--|----|--|--------------------------|--|----|--|
| Headaches | | | | Ringing in ears | | | | Chronic nose obstruction | | | |
| Vision / Glasses | | | | Pain in ears | | | | Chronic sore tongue | | | |
| Failing vision | | | | Discharge from ear | | | | Persistent sore gums | | | |
| Eye pain | | | | Repeated nose bleeds | | | | Prolonged hoarseness | | | |
| Double vision | | | | Teeth problems | | | | Persistent neck rigidity | | | |
| See "floating lights" | | | | Frequent colds | | | | Swelling in neck | | | |
| Severe hearing loss | | | | Recent URI / Cold | | | | | | | |

HEART – CARDIOVASCULAR

| Yes | | No | | Yes | | No | | Yes | | No | |
|----------------|--|----|--|-----------------------|--|----|--|---------------------|--|----|--|
| Heart problems | | | | Chest pain on effort | | | | Ankles swell | | | |
| Hypertension | | | | Irregular heart beats | | | | Difficult breathing | | | |
| Claudication | | | | Chest Pain | | | | Edema | | | |

PULMONARY – LUNGS

| Yes | | No | | Yes | | No | | Yes | | No | |
|--------------------------|--|----|--|----------------------|--|----|--|-------------------|--|----|--|
| Sit up to breathe easier | | | | Spit up blood | | | | Wheezing | | | |
| Chronic cough | | | | Frequent chest colds | | | | Have night sweats | | | |
| Shortness of breath | | | | Asthma | | | | | | | |

STOMACH AND INTESTINES

| Yes | | No | | Yes | | No | | Yes | | No | |
|------------------------|--|----|--|-----------------------|--|----|--|-----------------------|--|----|--|
| Chronic abdominal pain | | | | Vomit blood | | | | Any blood from rectum | | | |
| Persistent nausea | | | | Skin turns yellow | | | | Clay colored stools | | | |
| Heartburn | | | | Chronic diarrhea | | | | Habitual constipation | | | |
| Appetite loss | | | | Black tarry stools | | | | Have hemorrhoids | | | |
| Vomiting | | | | Loss of Bowel Control | | | | | | | |

URINARY TRACT

| Yes | | No | | Yes | | No | | Yes | | No | |
|----------------------|--|----|--|--------------------------|--|----|--|--------------------|--|----|--|
| Frequent urination | | | | Frequent night urination | | | | Passed any stones | | | |
| Difficulty urinating | | | | Pain with urination | | | | Retention of urine | | | |
| Scanty urination | | | | Leakage of urine | | | | | | | |
| Blood in urine | | | | Loss of bladder control | | | | | | | |

OB / GYN (For women only)

| Yes | | No | | Yes | | No | | Yes | | No | |
|-------------------------|--|----|--|-----------------------|--|----|--|---------------------------|--|----|--|
| Age menses started | | | | Missed periods | | | | Painful menstruation | | | |
| Length of average cycle | | | | Excess menstruation | | | | Bleed between periods | | | |
| Last menstrual period | | | | Number of pregnancies | | | | Number of living children | | | |

MUSCLES – JOINTS

| Yes | | No | | Yes | | No | | Yes | | No | |
|----------------------------------|--|----|--|------------------------|--|----|--|---------------|--|----|--|
| Physically handicapped / Limited | | | | Tingling sensations | | | | Any paralysis | | | |
| Joint or muscle problems | | | | Any numbness | | | | Any shaking | | | |
| Shoulder pain | | | | Disturbance in walking | | | | Any strokes | | | |
| Back pain | | | | Any muscle jerking | | | | Any seizures | | | |

NEUROPSYCHOLOGICAL

| Yes | | No | | Yes | | No | | Yes | | No | |
|--------------------|--|----|--|----------------------|--|----|--|----------------------------|--|----|--|
| Depression | | | | Paralysis / weakness | | | | Psychotherapy / counseling | | | |
| Nervous breakdown | | | | Any memory loss | | | | Any alcohol problem | | | |
| Any mental problem | | | | Personality changes | | | | Any drug problem | | | |
| Dizzy spells | | | | Speech disturbances | | | | Serious marital problem | | | |

SKIN

| Yes | | No | | Yes | | No | | Yes | | No | |
|--------|--|----|--|---------|--|----|--|------------|--|----|--|
| Rashes | | | | Lesions | | | | Pruritis | | | |
| | | | | | | | | Open sores | | | |
| | | | | | | | | Redness | | | |

Signature _____ Date _____